

## Diabetes Community Group – Thanet

The next meeting of the Diabetes Community group – Thanet will be held on **Thursday 5<sup>th</sup> March at 4.30pm, at** Unit 26, Centre Management Office, Westwood Cross Shopping Centre, 23 Margate Rd, Broadstairs CT10 2BF.

### Agenda

1. Apologies and welcome to any new members
2. Notes from the last meeting
3. Any urgent matters that need to be addressed from the last meeting
4. Lottie Rowlatt a Think Healthy Me Associate will take us through some self-massage techniques
5. Q and A session with Katie Treslove, a Highly Specialised Diabetes and Obesity Dietitian, using questions submitted by our members.
6. Presentation by Jeremy Martin.
7. Communication and Publicity
8. Any other business
9. Next meeting to be held on April 2<sup>nd</sup> at 4pm, at Unit 26, Centre Management Office, Westwood Cross Shopping Centre, 23 Margate Rd, Broadstairs CT10 2BF