

Diabetes Community Group – Thanet

The next meeting of the Diabetes Community group – Thanet will be held on **Thursday 1st August at 4.00pm, at AiR, 18 Harbour St, Ramsgate CT11 8HA**

Agenda

1. Apologies and welcome to any new members
2. Notes from the last meeting
3. Any urgent matters that need to be addressed from the last meeting
4. The benefits of Exercise – A short introduction to Exercise by Emma Chapman – Fitness Specialist
5. Ideas for a “Healthy Eating Out” Social Event.
6. Communication and Publicity
7. Any other business
8. Next meeting to be held on September 5th. Venue to be agreed.

PS I've taken Mission and Values out until we decide when we're going to talk about them!